

## **POST-OPERATIVE INSTRUCTIONS**

You've just had Root Canal Therapy performed on your tooth. It is advisable that you do not eat until the effects of the local anesthesia have worn off. If you have been prescribed anti-biotics, make sure to complete your entire prescription.

The soft tissues (nerve and blood supply) have been removed from your tooth and the canals have been cleaned and sealed. As a result of the instrumentation process, your tooth might still be sensitive. It is currently undergoing a healing process whereby it should become asymptomatic in the next few days or even up to a few months.

If the tooth still feels sensitive to chewing or temperature and it does not seem to be getting better, make sure to come back for a follow up appointment. One of the following could be happening:

1. The tooth has a residual infection that has not resolved.
2. The tooth has an extra hidden canal that was not detected initially and needs to be located and instrumented.
3. The root canal therapy though successful; was not adequate in resolving the pulpal infection and you might need to see a specialist for further evaluation.

Your tooth currently has a temporary filling following the root canal procedure. The next step in restoring your tooth is a full coverage restoration (i.e. crown). Having had its internal soft tissues removed, the remaining tooth structure is brittle and highly susceptible to fracture. Getting your tooth temporized with a crown in the next 2 weeks is very critical to help prevent any further complications.